

***"Can You Score"***

**ATTEND A BASKETBALL  
CLINIC OR CAMP  
AND EARN GRADUATE CREDIT**

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- \*REGISTRATION FORM**
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WESTERN STATE COLLEGE

EXTENDED STUDIES

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**"Can You Score"**

Attend a clinic or camp of your choice and register for correspondence course(s) below. **The clinic or camp must be pre-approved by Coach Sokaitis** (email him at [asokaitis@western.edu](mailto:asokaitis@western.edu)) and must occur during one of the following sessions: 6/1-7/10, 6/20-7/30, 8/1-9/30 or 10/1-11/10. Each course listed below is eligible for 1 to 3 credits; you can choose as many as you wish. Register for the credits on the attached form. To obtain credit, follow the instructions below for requirements based on the number of credits selected.

**Course: Effective High School Basketball Offenses**

**Description:** Students will examine a variety of offenses including the motion game (out of various alignments), the flex, a triangle power game, multiple zone attacks and the wild card. The whole-part-whole method will be employed as students learn to fit their offense to the ability level of their players.

**Course: Effective Youth League Offenses**

**Description:** Students will examine a variety of offensive attacks for use at the youth level. The emphasis of the course is on movement, spacing, and screening that will form a foundation for latter learning, regardless of the defense you play against.

**Course: High School Basketball Skills & Drills**

**Description:** This course will focus on teaching the skills needed for success, in the game of basketball, at the high school level. A variety of skills will be demonstrated that form the basis of individual and team play. These skills will then be incorporated into numerous drills and game situations.

**Course: Youth League Basketball Skills & Drills**

**Description:** This course will focus on the teaching and breakdown of skills that are fundamental to the game of basketball at the youth level. The student will then learn how to implement those skills into a team concept through a variety of drills.

**Course: Effective High School Defenses**

**Description:** The emphasis of this course is an examination of the various techniques, strategies and alignments used in teaching defense at the high school level. Transition, man to man, zone defenses and a pressure trapping system will all be reviewed.

**Course: Effective Youth League Defenses**

**Description:** This course will focus on teaching the principles of defense at the youth level that will form a strong basketball foundation. The student will learn the proper footwork, hand position and reads of the individual defender and how to blend those skills into a concept of team defensive play.

**Course: Basketball for the Advanced Player**

**Description:** This course is designed for the coach who is working with a gifted player. The student will learn how to take the gifted player, challenge him or her and demonstrate a variety of skills with corresponding drills needed for success at the highest level.

**Course: How to Motivate Your Athletes**

**Description:** An examination of some of the various methods you can employ to motivate your athletes. This course will focus on competitive drills, team building and motivation techniques.

**To receive one credit:** Attend a three day basketball clinic or participate in a three day or longer basketball camp. Based on your observations at the clinic or camp and with the aid of your manual, write a 4-6 page paper identifying the camp speakers or clinicians, what you have learned and how you can apply it to your program. **Grading:** 100% Paper 4-6 Pages

**To receive two credits:** You must complete the above and the additional assignments to follow. You will receive two basketball instructional videos along with a basketball manual. The cost of the manual and the videos are included in the tuition and are yours to keep. The manual and the two videos will be accompanied by an assignment wherein you will analyze what you have watched and read. Your analysis will be 3-5 pages in length.

**Grading:** 40% Clinic paper 4-6 Pgs, 20% Manual paper 3-5 Pgs, 20% Video 1 paper 3-5 Pgs, 20% Video 2 paper 3-5 Pgs.

**To receive three credits:** In addition to completing the above two sections, you will be required to turn in a coaching notebook. Your notebook should include a playbook, practice plans, scouting reports, conditioning programs and game plan. Your notebook must be turned in within six weeks of the course start date.

**Grading:** 40% Notebook, 20% Clinic paper 4-6 Pgs, 20% Video 1 paper 3-5 Pgs, 20% Video 2 paper 3-5 Pgs.

**For information about the course requirements, contact:  
Al Sokaitis, Western State College [asokaitis@western.edu](mailto:asokaitis@western.edu) (970) 943-2134**



**Extended Studies, Taylor Hall 206, Gunnison, CO 81231**  
**"CAN YOU SCORE" CORRESPONDENCE COURSE REGISTRATION FORM**  
 (970) 943-2885 FAX (970)943-7068

Date \_\_\_\_\_ Social Security Number \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Birthdate \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Sex:  M  F Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Are you a U.S. citizen?  Yes  No

Full Name: \_\_\_\_\_ (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (Middle) Previous Name \_\_\_\_\_

Mailing Address: \_\_\_\_\_ (Street - P.O. Box) \_\_\_\_\_ (City) \_\_\_\_\_ (State) \_\_\_\_\_ (ZIP) + 4

You must have at least a BA/BS to register for these courses

I have the following:  Masters  Doctorate

Check the course(s) for which you are registering:

Ethnicity: (Mark any that apply)		<input type="checkbox"/> Asian or Pacific Islander
<input type="checkbox"/> American Indian or Alaskan Native	<input type="checkbox"/> Black, not of Hispanic origin	<input type="checkbox"/> Caucasian/White, not of Hispanic Origin
<input type="checkbox"/> Hispanic		<input type="checkbox"/> I do not wish to provide this information

**ALL COURSES ARE GRADUATE CREDIT, ED 589. Cost is \$100 per credit plus \$20 materials fee per course. Materials include videos and manual.**

	<input type="checkbox"/> 1 credit	<input type="checkbox"/> 2 credits	<input type="checkbox"/> 3 credits	CLINIC/CAMP TITLE	DATE
<input type="checkbox"/> Effective High School Basketball Offenses	<input type="checkbox"/> 1 credit	<input type="checkbox"/> 2 credits	<input type="checkbox"/> 3 credits	_____	_____
<input type="checkbox"/> Effective Youth League Offenses	<input type="checkbox"/> 1 credit	<input type="checkbox"/> 2 credits	<input type="checkbox"/> 3 credits	_____	_____
<input type="checkbox"/> High School Basketball Skills and Drills	<input type="checkbox"/> 1 credit	<input type="checkbox"/> 2 credits	<input type="checkbox"/> 3 credits	_____	_____
<input type="checkbox"/> Youth League Basketball Skills and Drills	<input type="checkbox"/> 1 credit	<input type="checkbox"/> 2 credits	<input type="checkbox"/> 3 credits	_____	_____
<input type="checkbox"/> Effective High School Defenses	<input type="checkbox"/> 1 credit	<input type="checkbox"/> 2 credits	<input type="checkbox"/> 3 credits	_____	_____
<input type="checkbox"/> Effective Youth League Defenses	<input type="checkbox"/> 1 credit	<input type="checkbox"/> 2 credits	<input type="checkbox"/> 3 credits	_____	_____
<input type="checkbox"/> Basketball for the Advanced Player	<input type="checkbox"/> 1 credit	<input type="checkbox"/> 2 credits	<input type="checkbox"/> 3 credits	_____	_____
<input type="checkbox"/> How to Motivate Your Athletes	<input type="checkbox"/> 1 credit	<input type="checkbox"/> 2 credits	<input type="checkbox"/> 3 credits	_____	_____

Instructor Al Sokaitis

**\*\*I understand that if an Incomplete grade is awarded, the incomplete grade will change to an "F" grade exactly one year from the registration date unless an earlier date is specified by my instructor.\*\***

I understand that if this class is to be used in a degree program, approval must be secured from the student's assigned academic advisor.

I hereby request admission as an extended studies (non-certificate or non-degree bound) student. I understand that if I wish official admission to a degree program, I must submit a regular application. I certify that all information (including Selective Service) I have provided is true.

\_\_\_\_\_  
Signature Date

Mail registration form and payment to: Western State College, Extended Studies, Taylor 206, Gunnison, CO 81231  
 Fax: (970)- 943-7068

**Payment Information:**

**Payment Due: \$100 per credit + \$20 materials fee per course**  
 # credits \_\_\_\_\_ x \$100 + materials fee \_\_\_\_\_ = \_\_\_\_\_ Total Due

- Check – PAYABLE TO WESTERN STATE COLLEGE
- Visa
- MasterCard
- Discover

Account number (16-digits) \_\_\_\_\_

Expiration Date (Required) \_\_\_\_\_